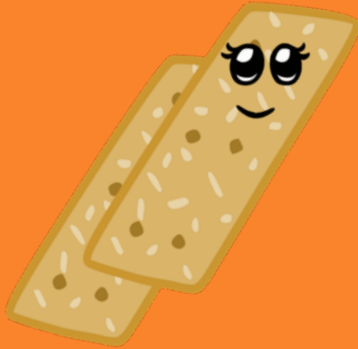


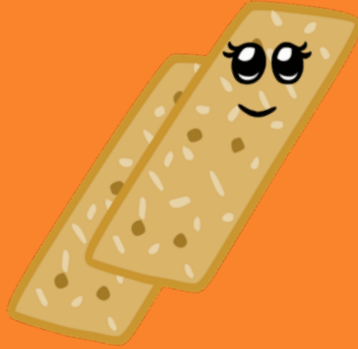
# Learning The Food Groups Memory Card Game - Grains Group

Cracker



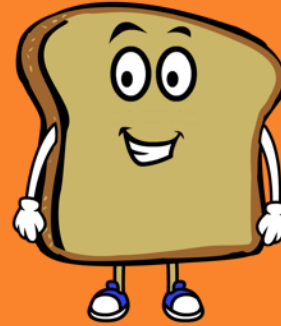
Grains

Cracker



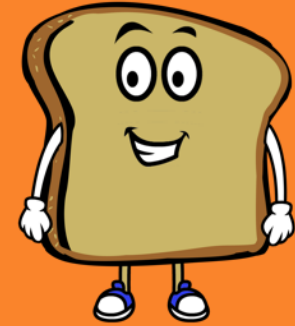
Grains

Bread



Grains

Bread



Grains

Brown Rice



Grains

Brown Rice



Grains

Cereal



Grains

Cereal



Grains

# Learning The Food Groups Memory Card Game - Grains Group

Taco Shell



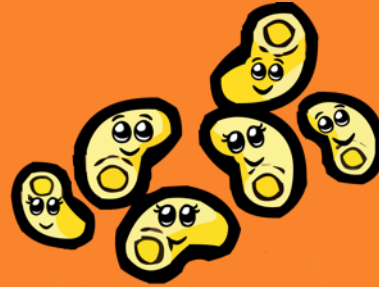
Grains

Taco Shell



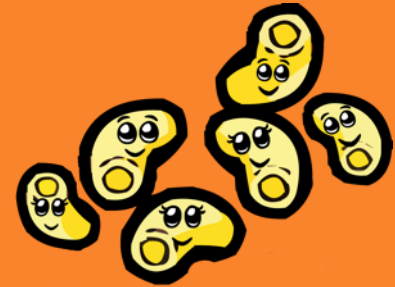
Grains

Pasta



Grains

Pasta



Grains

Energy



Grains

Energy



Grains

Oatmeal



Grains

Oatmeal



Grains

# Learning The Food Groups Memory Card Game - Grains Group

Spaghetti



Grains

Spaghetti



Grains

Bran Cereal



Grains

Bran Cereal



Grains

Bagel



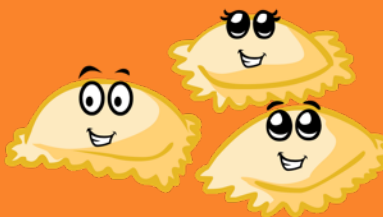
Grains

Bagel



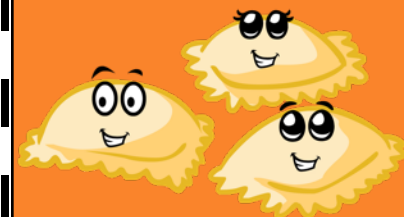
Grains

Raviolis



Grains

Raviolis



Grains

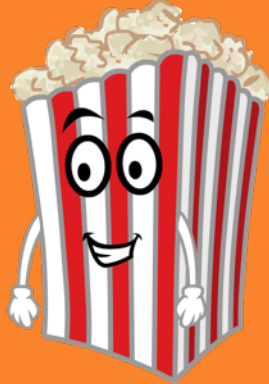
# Learning The Food Groups Memory Card Game - Grains Group

Popcorn



Grains

Popcorn



Grains

Wheat



Grains

Wheat



Grains

Pretzel



Grains

Pretzel



Grains

Pancakes



Grains

Pancakes



Grains

# Learning The Food Groups Memory Card Game - Grains Group



## **Game Set-up:**

Cut out all the food cards.

To help the cards last longer, glue them to construction paper, sized to be slightly larger than the food cards.

Paper and pencil to write down score.

Optional: laminate cards

## **Game Directions:**

Mix the cards up.

Lay the cards down on a flat surface face down. Each player takes a turn flipping two cards to see if they get a match or not. If they find a match they must remove the two cards from the game. The player with the matched cards will get one point and also will have a chance to go again. If a players' two cards do not match they must turn the cards back over and it is the next players' turn.

You can use one food group or mix them with other food group cards, see the printables page for more food group memory game print outs.

## **Winning:**

The player with the most points wins the game. You can also play Memory Tournament by setting a winning score, for example 25 points. The player who reaches 25 points first wins.

## **Flash Cards:**

A alternative way to use these cards can be as flash cards for younger children. Flash cards are a fun way for children to see the food and read the name of the food item. They can start to learn about the different food groups and the different types of foods that belong to certain food groups.